

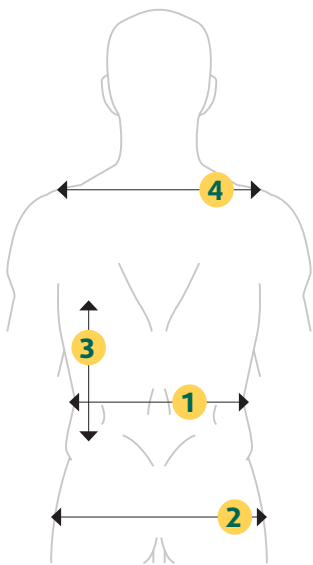
Doctor: \_\_\_\_\_ Fitter: \_\_\_\_\_  
 Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Patient #: \_\_\_\_\_ Additional Follow-Up Dates: \_\_\_\_\_

**TOOLS NECESSARY: Scissors • Tape Measure • Bending Bars • Phillips Screwdriver • Chalk**

**FOR USE WITH PRODUCTS MANUFACTURED BY ASPEN MEDICAL PRODUCTS ONLY. THIS PRODUCT IS INTENDED FOR APPLICATION BY HEALTH CARE PRACTITIONERS AS DIRECTED BY A PHYSICIAN OR OTHER QUALIFIED MEDICAL AUTHORITY. THIS IS A PREFABRICATED ORTHOSIS. IT IS INTENDED TO BE CUSTOMIZED TO AN INDIVIDUAL PATIENT. FOLLOW THE STEPS BELOW TO CUSTOMIZE.**

**STEP 1 - MEASUREMENTS**

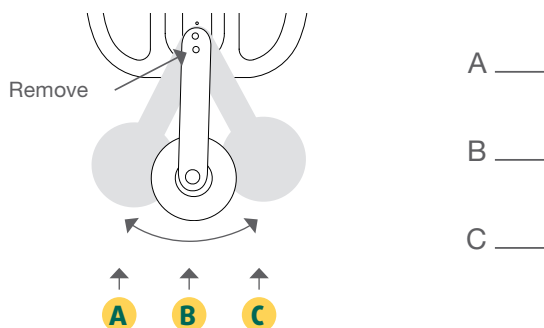
- 1** Lower rib circumference = \_\_\_\_\_
- 2** Hip circumference = \_\_\_\_\_
- 3** Length from iliac crest to 2" below under arm = \_\_\_\_\_
- 4** Distal end to clavicle = \_\_\_\_\_



**TIME SPENT:** \_\_\_\_\_

**STEP 3 - CUSTOMIZE TROCHANTER STRUT AND PAD**

- A.** Adjust trochanter strut by removing screw. Angle the trochanter strut to achieve desired pad position and reinstall screw.

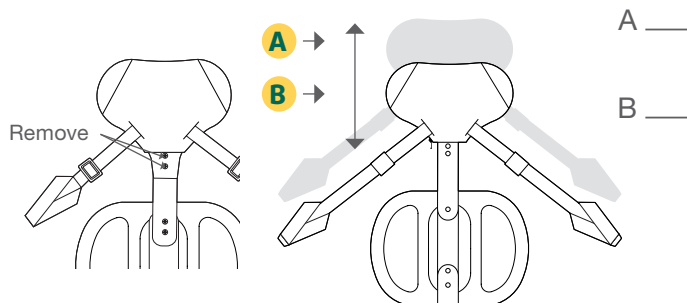


- B.** If needed, the trochanter strut can be bent.
  - YES. Describe degree or angle of bending \_\_\_\_\_
  - NO

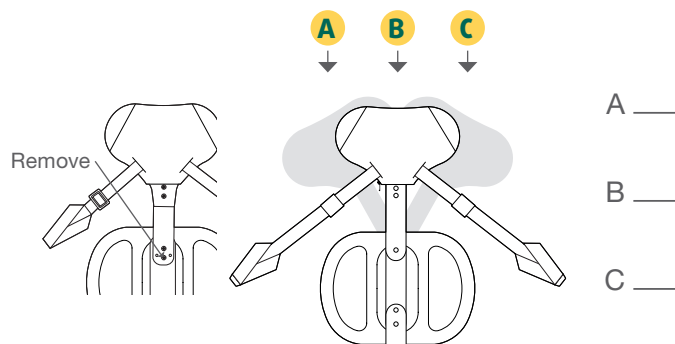
**TIME SPENT:** \_\_\_\_\_

**STEP 2 - CUSTOMIZE THORACIC STRUT AND PAD**

- A.** Adjust thoracic pad height using measurement **3** from Step 1. Use a Phillips screwdriver to remove the two screws. Reinstall screws following desired adjustment.



- B.** Adjust thoracic pad position using measurement **3** from Step 1. Use a Phillips screwdriver to remove the bottom screw. Reinstall screw following desired adjustment.



- C.** If needed, the thoracic strut can be bent using bending bars.
  - YES. Describe degree or angle of bending \_\_\_\_\_
  - NO

**TIME SPENT:** \_\_\_\_\_



Peak Scoliosis Bracing System

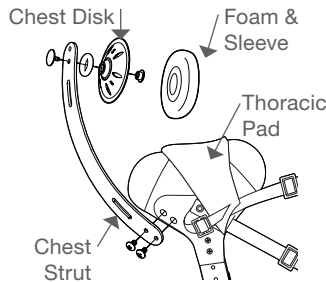
**DOCUMENTATION WORKSHEET: RETAIN IN PATIENT RECORD**

**Doctor:** \_\_\_\_\_ **Fitter:** \_\_\_\_\_  
**Patient Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
**Patient #:** \_\_\_\_\_ **Additional Follow-Up Dates:** \_\_\_\_\_

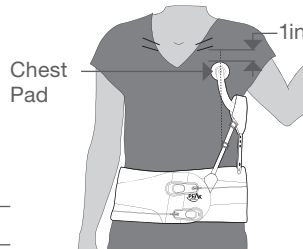
**TOOLS NECESSARY:** Scissors • Tape Measure • Bending Bars • Phillips Screwdriver • Chalk

**STEP 3 - INSTALL CHEST PAD (IF NEEDED)**

**A.** Use male and female rivets to assemble the chest disk to the chest strut. Then add the foam and sleeve. Unzip the thoracic pad sleeve to expose the two points where the chest strut will attach. Use the two screws provided to attach the chest strut. Once in place, zip the thoracic sleeve closed.



**B.** The chest pad should land approximately 1 inch below the clavicle.



**C.** If needed, the chest strut can be bent using bending bars.

YES. Describe degree or angle of bending \_\_\_\_\_

NO

**TIME SPENT:** \_\_\_\_\_

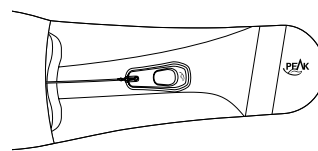
**STEP 4 - CHOSEN CONFIGURATION**

Right Chest Pad <input type="checkbox"/>	Left Chest Pad <input type="checkbox"/>
Right Thoracic Pad <input type="checkbox"/>	Left Thoracic Pad <input type="checkbox"/>
Right Iliac Pad <input type="checkbox"/>	Left Iliac Pad <input type="checkbox"/>
Right Lateral Pad <input type="checkbox"/>	Left Lateral Pad <input type="checkbox"/>
Right Trochanter Pad <input type="checkbox"/>	Left Trochanter Pad <input type="checkbox"/>

**TIME SPENT:** \_\_\_\_\_

**STEP 5 - ADJUST TIGHTENING MECHANISM**

Adjust length of tightening mechanism strings. For an individual patient, it may be necessary to trim the closure strings to adjust length.



YES. AMOUNT CUT \_\_\_\_\_

NO

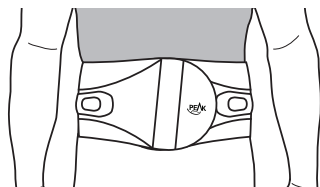
**TIME SPENT:** \_\_\_\_\_

**STEP 6 - CUSTOMIZE BELT FIT**

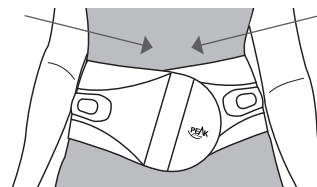
**ANGLE ANTERIOR PANELS**

Every patient has a unique individual anatomy. Determine angulation for proper fit. Circumferential contact at both upper and lower margins of brace is essential for proper brace performance and support.

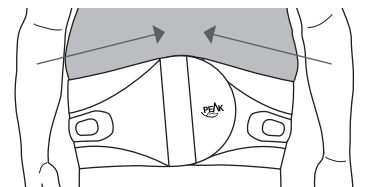
**A.** Angle anterior panels:



Neutral Configuration for best support



Inferior Angulation Configuration for best support



Superior Angulation Configuration for best support

**TIME SPENT:** \_\_\_\_\_

**STEP 7 - EDUCATION**

**EDUCATE PATIENTS**

Proper education is needed for individual to maintain proper fit throughout total time of wear.

Items to educate patients on:

Independent compression mechanics

Proper angulation to ensure circumferential contact

Proper cleaning

Don and doffing

Proper placement of brace

Follow up appointments

**TIME SPENT:** \_\_\_\_\_

**TOTAL TIME TO CUSTOMIZE BRACE:** \_\_\_\_\_



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