

EVERGREEN™ 456

TLSO

Doctor: _____ Fitter: _____

Patient Name: _____ Date: _____

Patient #: _____ Additional Follow-Up Dates: _____

TOOLS NECESSARY: Scissors • Tape Measure

FOR USE WITH PRODUCTS MANUFACTURED BY ASPEN MEDICAL PRODUCTS ONLY. THIS PRODUCT IS INTENDED FOR APPLICATION BY HEALTH CARE PRACTITIONERS AS DIRECTED BY A PHYSICIAN OR OTHER QUALIFIED MEDICAL AUTHORITY. THIS IS A PREFABRICATED ORTHOSIS. IT IS INTENDED TO BE CUSTOMIZED TO AN INDIVIDUAL PATIENT. FOLLOW THE STEPS BELOW TO CUSTOMIZE.

STEP 1 - MEASUREMENTS

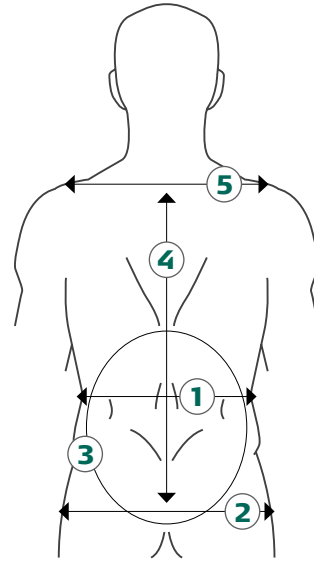
1 Lower rib circumference = _____

2 Hip circumference = _____

3 T9 to Sacrococcygeal Junction = _____

4 Length from hip to shoulders = _____

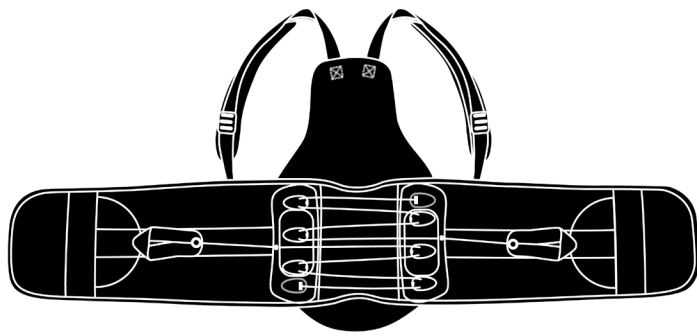
5 Distal end clavicle = _____



TIME SPENT: _____

STEP 2 - CUSTOMIZE SIZING AND TIGHTENING MECHANISM

SIZING IS CRITICAL TO PROPER PERFORMANCE
Use the measurements below to customize to patient's anatomy.



A. _____

A. Use waist circumference (average of 1 and 2) _____ to determine size of Evergreen brace.

X-SMALL **SMALL** **MEDIUM**

15-21 in 21-27 in 31-37 in
38-53 cm 53-67 cm 79-94 cm

LARGE **X-LARGE** **XX-LARGE**

36-42 in 41-47 in 43-57 in
91-107 cm 104-119 cm 117-145 cm

B. Adjust length of tightening mechanism. For individual patient, it may be necessary to adjust length of closure string. Trim and adjust length of strings.

YES. AMOUNT CUT _____

NO

TIME SPENT: _____

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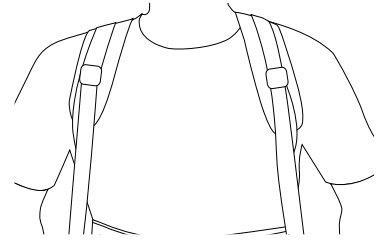
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STEP 3 - TLSO ADJUSTMENT

ANATOMICAL LANDMARKS
Bony Prominents: C7, Sternal Angles.

Shoulder length (from STEP 1: ④ _____)
determines placement of shoulder straps.

TIME SPENT: _____

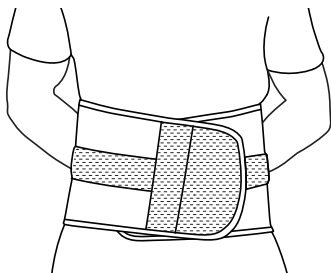


STEP 4 - CUSTOMIZE BELT FIT

ANGLE ANTERIOR PANELS

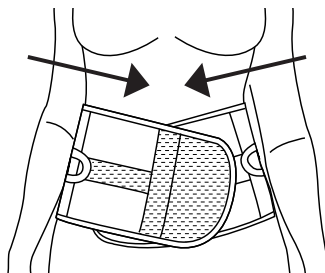
Every patient has a unique individual anatomy. Determine angulation for proper fit. Circumferential contact at both upper and lower margins of brace is essential for proper brace performance and support.

- A. Bend anterior panel to conform to patient's anatomy.
- B. Angle anterior panels:



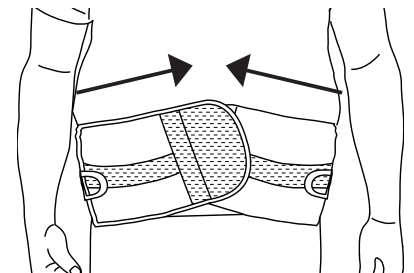
Neutral

Configuration for best support



Inferior Angulation

Configuration for best support



Superior Angulation

Configuration for best support

TIME SPENT: _____

STEP 5 - EDUCATION

EDUCATE PATIENTS

Proper education is needed for individual to maintain proper fit throughout total time of wear.

Items to educate patients on:

Independent compression mechanics

Proper angulation to ensure circumferential contact

Proper cleaning

Don and doffing

Proper placement of brace

Follow up appointments

TIME SPENT: _____

TOTAL TIME TO CUSTOMIZE BRACE: _____