

CONTOUR™ LSO

Doctor: _____ Fitter: _____

Patient Name: _____ Date: _____

Patient #: _____ Additional Follow-Up Dates: _____

TOOLS NECESSARY: Scissors • Heat Gun • Tape Measure

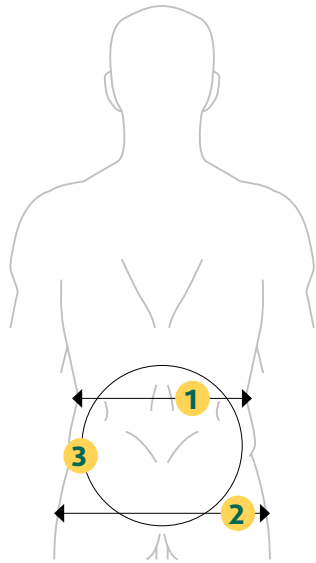
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STEP 1 - MEASUREMENTS

1 Lower rib circumference = _____

2 Hip circumference = _____

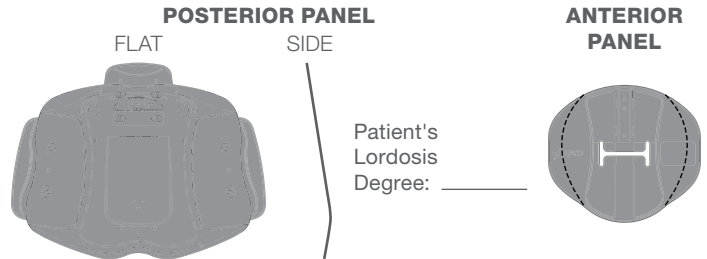
3 T9 to Sacrococcygeal Junction = _____



TIME SPENT: _____

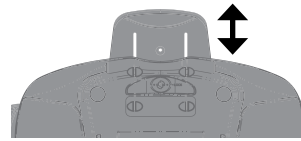
STEP 2 - CUSTOMIZE PANELS TO ANATOMY

- A. Measure patient's lordosis then customize panels to anatomy.
- B. To customize panels, remove the panel, heat, trim, and reassemble.

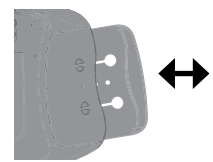


Heat form to individual patient's anatomy and contour to create intimate fit for individual lordosis and soft tissue. Trim for individual patient's anatomy based on 3 _____

- C. Adjust extension support panel height if needed for extra posterior support



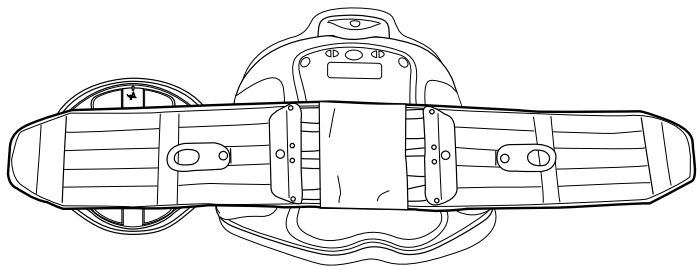
- D. Adjust lateral panels circumference to customize to individual patients anatomy.



TIME SPENT: _____

STEP 3 - CUSTOMIZE SIZING AND TIGHTENING MECHANISM

SIZING IS CRITICAL TO PROPER PERFORMANCE
Use the measurements below to customize to patient's anatomy.



A. _____

TIME SPENT: _____

- A. Use waist circumference (average of 1 and 2 _____) to determine size of Contour brace.

X-SMALL	SMALL	MEDIUM
20-24 in	24-28 in	28-32 in
51-61 cm	61-71 cm	71-81 cm
LARGE	X-LARGE	XX-LARGE
32-36 in	36-42 in	42-54 in
81-91 cm	91-107 cm	107-137 cm

- B. Adjust length of tightening mechanism. For individual patient, it may be necessary to adjust length of closure string. Trim and adjust length of strings.

YES. AMOUNT CUT _____ NO

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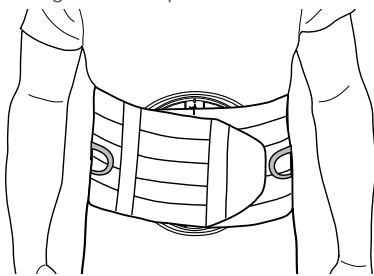
STEP 4 - CUSTOMIZE BELT FIT

ANGLE ANTERIOR PANELS

Every patient has a unique individual anatomy. Determine angulation for proper fit. Circumferential contact at both upper and lower margins of brace is essential for proper brace performance and support.

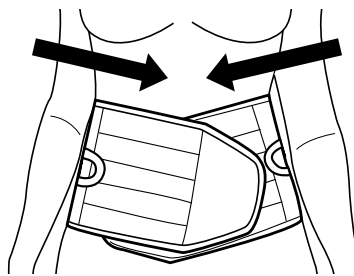
A. Bend anterior panel to conform to patient's anatomy.

B. Angle anterior panels:



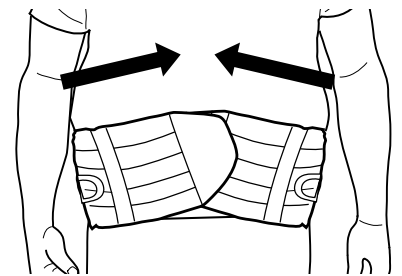
Neutral

Configuration for best support



Inferior Angulation

Configuration for best support



Superior Angulation

Configuration for best support

TIME SPENT: _____

STEP 5 - EDUCATION

EDUCATE PATIENTS

Proper education is needed for individual to maintain proper fit throughout total time of wear.

Items to educate patients on:

Independent compression mechanics

Proper angulation to ensure circumferential contact

Proper cleaning

Don and doffing

Proper placement of brace

Follow up appointments

TIME SPENT: _____

TOTAL TIME TO CUSTOMIZE BRACE: _____