

ONE SIZE ADJUSTABLE

Doctor: _____ Fitter: _____

Patient Name: _____ Date: _____

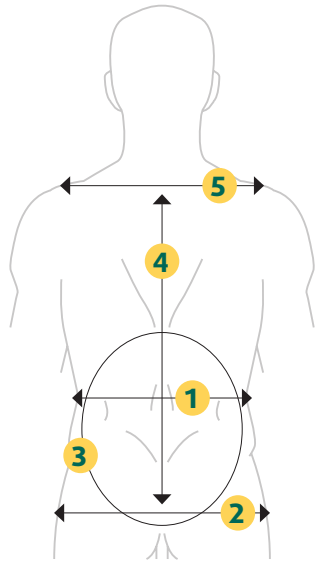
Patient #: _____ Additional Follow-Up Dates: _____

TOOLS NECESSARY: Scissors • Heat Gun • Tape Measure

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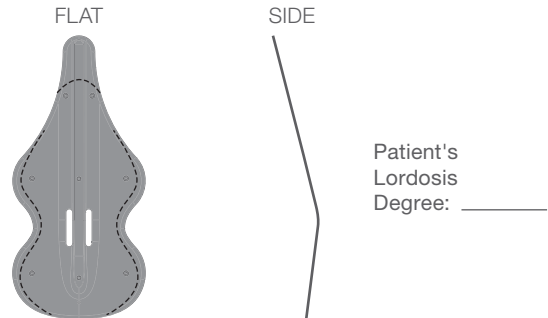
STEP 1 - MEASUREMENTS

- 1** Lower rib circumference = _____
- 2** Hip circumference = _____
- 3** Sacrococcygeal Junction to Inferior Scapular Spine = _____
- 4** Length from hip to shoulders = _____
- 5** Distal end clavicle = _____



STEP 2 - CUSTOMIZE BACK PANEL TO ANATOMY

- A.** Measure patient's lordosis then customize back panel to anatomy.
- B.** To customize back panel; remove the panel, heat, trim and reassemble.



Heat form to individual patient's anatomy and contour to create intimate fit for individual lordosis and soft tissue. Trim for individual patient's anatomy based on **3** _____

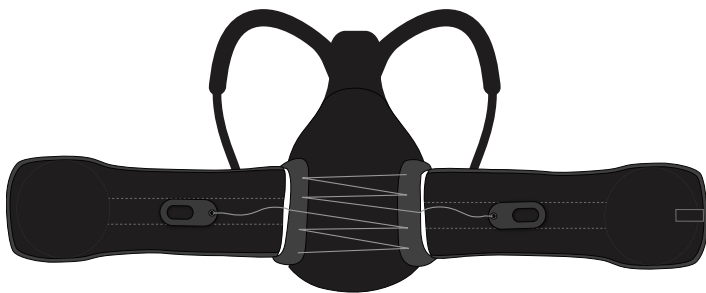
TIME SPENT: _____

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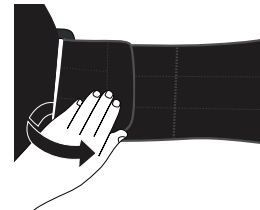
STEP 3 - CUSTOMIZE SIZING AND TIGHTENING MECHANISM

SIZING IS CRITICAL TO PROPER PERFORMANCE
Use the measurements below to customize to patient's anatomy.

- A.** Use waist circumference (average of **1** and **2** _____) to determine where to mark belt with chalk.
- B.** Adjust belt to chalk mark.



A. _____



- C.** Adjust length of tightening mechanism. For individual patient, it may be necessary to adjust length of closure string. Trim and adjust length of strings.

Yes. Amount cut _____

No

TIME SPENT: _____

ONE SIZE ADJUSTABLE

Doctor: _____ Fitter: _____

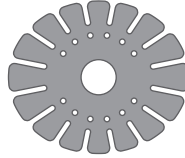
Patient Name: _____ Date: _____

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STEP 4 - MODIFY RIGID PANELS

MODIFY ANTERIOR PANELS AS NECESSARY

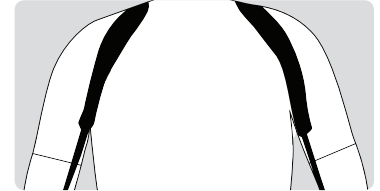


- Remove and trim to accommodate small and extra small anatomy.
- Remove and heat mold anterior panels as necessary.

STEP 5 - TLSO ADJUSTMENT

ANATOMICAL LANDMARKS
Boney Prominents: C7, Sternal Angles.

Use shoulder length (from STEP 1: **4** _____) to determines placement of shoulder straps.

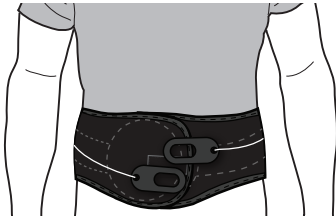


TIME SPENT: _____

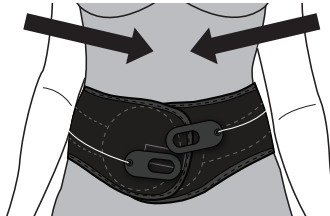
STEP 6 - CUSTOMIZE BELT FIT

ANGLE ANTERIOR PANELS
Every patient has a unique individual anatomy. Determine angulation for proper fit. Circumferential contact at both upper and lower margins of brace is essential for proper brace performance and support.

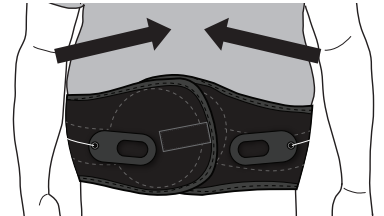
- A. Bend anterior panels to conform to patient's anatomy.
- B. Angle anterior panels; choose the configuration for best support below:



Neutral



Inferior Angulation



Superior Angulation

TIME SPENT: _____

STEP 7 - EDUCATION

EDUCATE PATIENT
Proper education is needed for individual to maintain proper fit throughout total time of wear.
Items to educate patient on:

- Independent compression mechanics
- Proper angulation to ensure circumferential contact
- Proper cleaning
- Don and doff
- Proper placement of brace
- Follow up appointments

TIME SPENT: _____

CLINICAL JUSTIFICATION FOR CUSTOMIZING BRACE

TOTAL TIME TO CUSTOMIZE BRACE: _____