

Doctor: \_\_\_\_\_ Fitter: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Patient #: \_\_\_\_\_ Additional Follow-Up Dates: \_\_\_\_\_

**TOOLS NECESSARY:** Scissors • Tape Measure

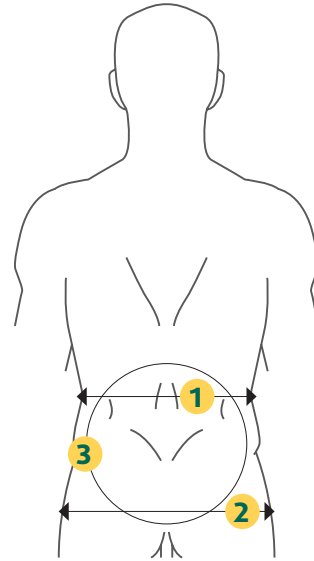
**FOR USE WITH PRODUCTS MANUFACTURED BY ASPEN MEDICAL PRODUCTS ONLY. THIS PRODUCT IS INTENDED FOR APPLICATION BY HEALTH CARE PRACTITIONERS AS DIRECTED BY A PHYSICIAN OR OTHER QUALIFIED MEDICAL AUTHORITY. THIS IS A PREFABRICATED ORTHOSIS. IT IS INTENDED TO BE CUSTOMIZED TO AN INDIVIDUAL PATIENT. FOLLOW THE STEPS BELOW TO CUSTOMIZE.**

**STEP 1 - MEASUREMENTS**

**1** Lower rib circumference = \_\_\_\_\_

**2** Hip circumference = \_\_\_\_\_

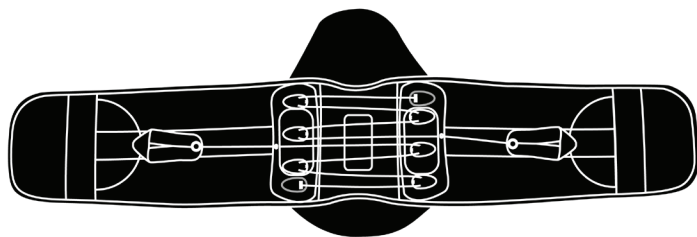
**3** T9 to Sacrococcygeal Junction = \_\_\_\_\_



**TIME SPENT:** \_\_\_\_\_

**STEP 2 - CUSTOMIZE SIZING AND TIGHTENING MECHANISM**

SIZING IS CRITICAL TO PROPER PERFORMANCE  
Use the measurements below to customize to patient's anatomy.



A. \_\_\_\_\_

A. Use waist circumference (average of **1** and **2** \_\_\_\_\_) to determine size of Summit brace.

X-SMALL	SMALL	MEDIUM
15-21 in	21-27 in	31-37 in
38-53 cm	53-67 cm	79-94 cm
LARGE	X-LARGE	XX-LARGE
36-42 in	41-47 in	43-57 in
91-107 cm	104-119 cm	117-145 cm

B. Adjust length of tightening mechanism. For individual patient, it may be necessary to adjust length of closure string. Trim and adjust length of strings.

YES. AMOUNT CUT \_\_\_\_\_

NO

**TIME SPENT:** \_\_\_\_\_

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**TOOLS NECESSARY: Scissors • Tape Measure**

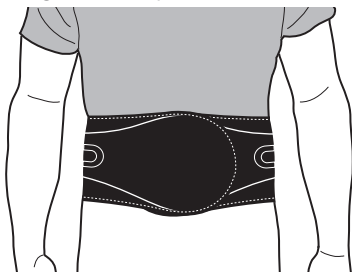
**STEP 3 - CUSTOMIZE BELT FIT**

**ANGLE ANTERIOR PANELS**

Every patient has a unique individual anatomy. Determine angulation for proper fit. Circumferential contact at both upper and lower margins of brace is essential for proper brace performance and support.

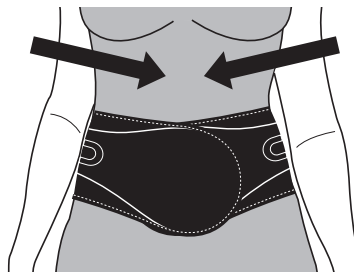
**A.** Bend anterior panel to conform to patient’s anatomy.

**B.** Angle anterior panels:



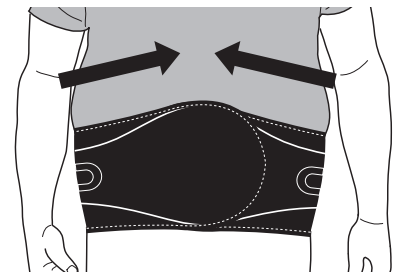
Neutral

Configuration for best support



Inferior Angulation

Configuration for best support



Superior Angulation

Configuration for best support

**TIME SPENT:** \_\_\_\_\_

**STEP 4 - EDUCATION**

**EDUCATE PATIENTS**

Proper education is needed for individual to maintain proper fit throughout total time of wear.

Items to educate patients on:

Independent compression mechanics

Proper angulation to ensure circumferential contact

Proper cleaning

Don and doffing

Proper placement of brace

Follow up appointments

**TIME SPENT:** \_\_\_\_\_

**TOTAL TIME TO CUSTOMIZE BRACE:** \_\_\_\_\_