



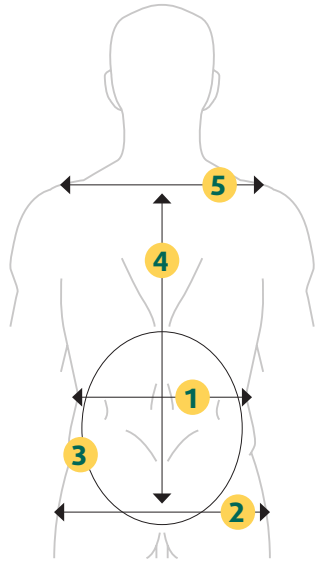
Doctor: _____ Fitter: _____
 Patient Name: _____ Date: _____
 Patient #: _____ Additional Follow-Up Dates: _____

TOOLS NECESSARY: Scissors • Heat Gun • Tape Measure

FOR USE WITH PRODUCTS MANUFACTURED BY ASPEN MEDICAL PRODUCTS ONLY. THIS PRODUCT IS INTENDED FOR APPLICATION BY HEALTH CARE PRACTITIONERS AS DIRECTED BY A PHYSICIAN OR OTHER QUALIFIED MEDICAL AUTHORITY. THIS IS A PREFABRICATED ORTHOSIS. IT IS INTENDED TO BE CUSTOMIZED TO AN INDIVIDUAL PATIENT. FOLLOW THE STEPS BELOW TO CUSTOMIZE.

STEP 1 - MEASUREMENTS

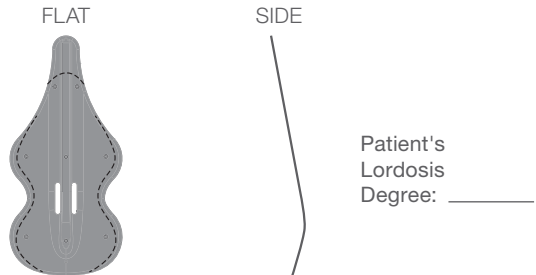
- 1 Lower rib circumference = _____
- 2 Hip circumference = _____
- 3 Sacrococcygeal Junction to Inferior Scapular Spine= _____
- 4 Length from hip to shoulders = _____
- 5 Distal end clavicle = _____



TIME SPENT: _____

STEP 2 - CUSTOMIZE BACK PANEL TO ANATOMY

- A. Measure patient's lordosis then customize back panel to anatomy.
- B. To customize back panel, remove the panel, heat, trim, and reassemble.



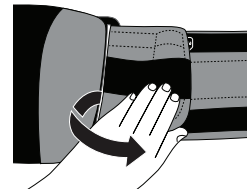
Heat form to individual patient's anatomy and contour to create intimate fit for individual lordosis and soft tissue. Trim for individual patient's anatomy based on 3 _____

TIME SPENT: _____

STEP 3 - CUSTOMIZE SIZING AND TIGHTENING MECHANISM

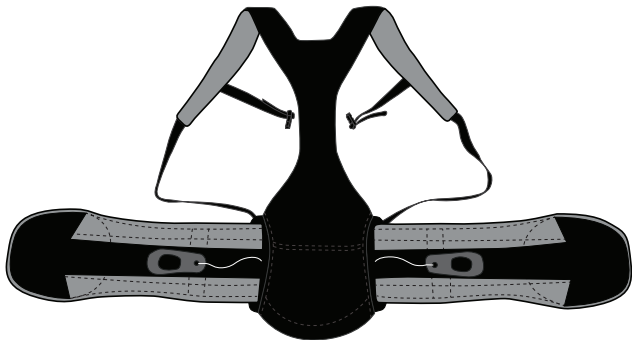
SIZING IS CRITICAL TO PROPER PERFORMANCE
 Use the measurements below to customize to patient's anatomy.

- A. Use waist circumference (average of 1 and 2 _____) to determine where to mark belt with chalk.
- B. Adjust belt to chalk mark.



- C. Adjust length of tightening mechanism. For individual patient, it may be necessary to adjust length of closure string. Trim and adjust length of strings.

YES. AMOUNT CUT _____ NO

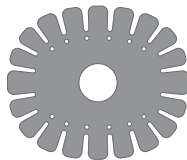


A. _____

TIME SPENT: _____

STEP 4 - MODIFY RIGID PANELS

MODIFY ANTERIOR PANEL AS NECESSARY



- Remove and trim to accommodate small and extra small anatomy.
- Remove and heat mold anterior panel as necessary.

TIME SPENT: _____





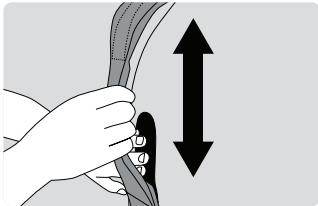
Doctor: _____ Fitter: _____
 Patient Name: _____ Date: _____
 Patient #: _____ Additional Follow-Up Dates: _____

TOOLS NECESSARY: Scissors • Heat Gun • Tape Measure

STEP 5 - T.L.S.O ADJUSTMENT

ANATOMICAL LANDMARKS
 Boney Prominents: C7, Sternal Angles.

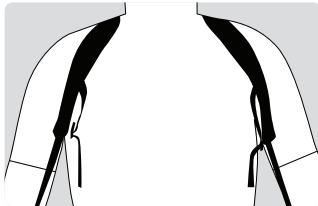
A. Use C7 to determine height of shoulder strap. Disengage hook and loop on shoulder strap piece from posterior panel to adjust to applicable height.



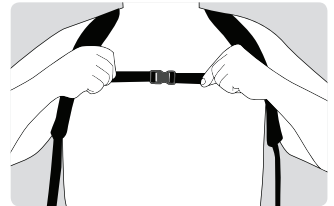
B. Determine if chest strap is required for individual patient. May be required if shoulder strap is interfering with axilla.



C. Shoulder length (from STEP 1: 4 _____) determines placement of shoulder straps. Lengthen chest strap appropriately.



D. Adjust chest strap to cover sternal angle.

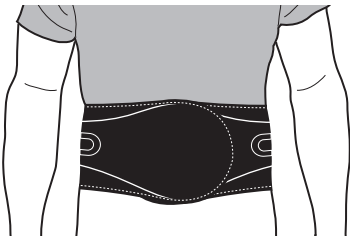


TIME SPENT: _____

STEP 6 - CUSTOMIZE BELT FIT

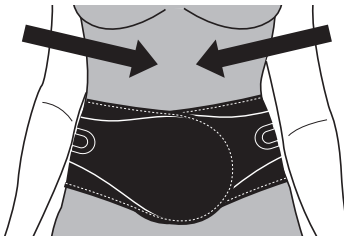
ANGLE ANTERIOR PANELS
 Every patient has a unique individual anatomy. Determine angulation for proper fit. Circumferential contact at both upper and lower margins of brace is essential for proper brace performance and support.

A. Bend anterior panel to conform to patient's anatomy.
B. Angle anterior panels:



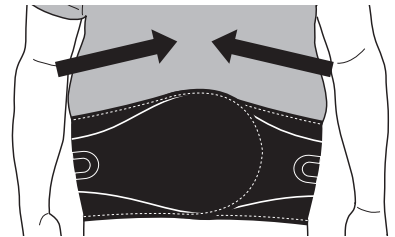
Neutral

Configuration for best support



Inferior Angulation

Configuration for best support



Superior Angulation

Configuration for best support

TIME SPENT: _____

STEP 7 - EDUCATION

EDUCATE PATIENTS
 Proper education is needed for individual to maintain proper fit throughout total time of wear.

Items to educate patients on:

- | | | |
|--|--|---|
| <input type="checkbox"/> Independent compression mechanics | <input type="checkbox"/> Proper angulation to ensure circumferential contact | <input type="checkbox"/> Proper cleaning |
| <input type="checkbox"/> Don and doffing | <input type="checkbox"/> Proper placement of brace | <input type="checkbox"/> Follow up appointments |

TIME SPENT: _____

CLINICAL JUSTIFICATION FOR CUSTOMIZING BRACE

TOTAL TIME TO CUSTOMIZE BRACE: _____

