

# VISTA® 639 LSO

## DOCUMENTATION WORKSHEET: RETAIN IN PATIENT RECORD

Doctor: \_\_\_\_\_ Fitter: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Patient #: \_\_\_\_\_ Additional Follow-Up Dates: \_\_\_\_\_

TOOLS NECESSARY: Scissors • Heat Gun • Tape Measure

FOR USE WITH PRODUCTS MANUFACTURED BY ASPEN MEDICAL PRODUCTS ONLY. THIS PRODUCT IS INTENDED FOR APPLICATION BY HEALTH CARE PRACTITIONERS AS DIRECTED BY A PHYSICIAN OR OTHER QUALIFIED MEDICAL AUTHORITY. THIS IS A PREFABRICATED ORTHOSIS. IT IS INTENDED TO BE CUSTOMIZED TO AN INDIVIDUAL PATIENT. FOLLOW THE STEPS BELOW TO CUSTOMIZE.

### STEP 1 - MEASUREMENTS

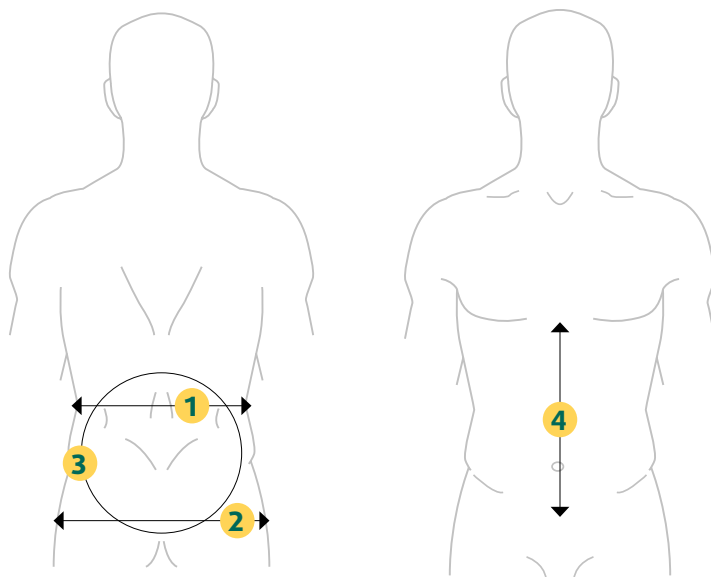
1 Lower Rib Circumference = \_\_\_\_\_

2 Hip Circumference = \_\_\_\_\_

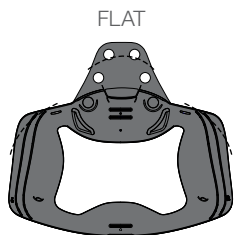
3 T9 to Sacrococcygeal Junction = \_\_\_\_\_

4 Symphysis Pubis to Xiphoid Process = \_\_\_\_\_

TIME SPENT: \_\_\_\_\_



### STEP 2 - MODIFY BACK PANEL TO ANATOMY



SIDE

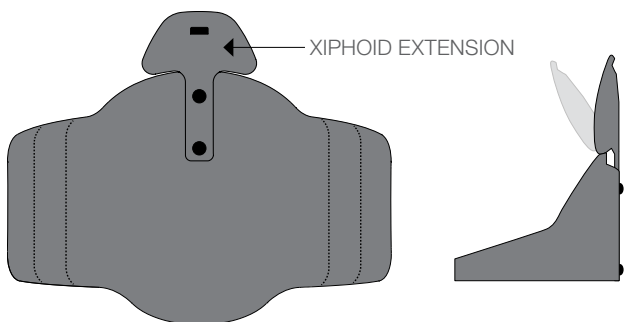
Patient's  
Lordosis  
Degree: \_\_\_\_\_

- A. Measure patient's lordosis then customize back panel to anatomy.
- B. To customize back panel, remove the panel, heat, trim, and reassemble.

Heat form individual patient's anatomy and contour to create intimate fit for individual's lordosis and soft tissue. Trim for individual patient's anatomy based on **3** \_\_\_\_\_

TIME SPENT: \_\_\_\_\_

### STEP 3 - MODIFY EXTRA LARGE ANTERIOR PANEL



MODIFY LARGE ANTERIOR PANEL AS NECESSARY

- Remove and trim to accommodate small and extra small anatomy as determined in step 1.4.
- Remove and heat mold anterior panel as necessary.
- Bend xiphoid extension to contour to patient's individual anatomy.
- Assemble extra large anterior panel.

TIME SPENT: \_\_\_\_\_

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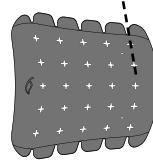
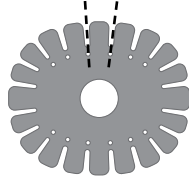
Patient #: \_\_\_\_\_ Additional Follow-Up Dates: \_\_\_\_\_

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### STEP 4 - MODIFY RIGID PANELS

MODIFY ANTERIOR PANEL AND LATERAL PANELS AS NECESSARY

TIME SPENT: \_\_\_\_\_

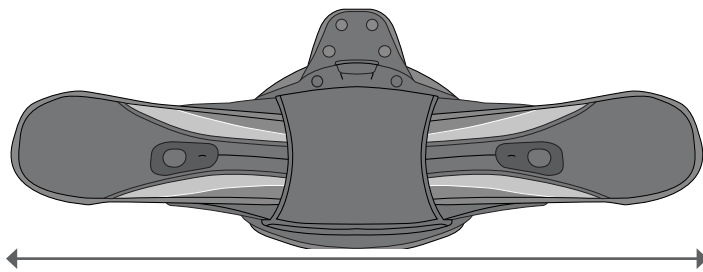


- Remove and trim to accommodate small and extra small anatomy.
- Remove and heat mold anterior panel as necessary.

### STEP 5 - MODIFY SIZING AND TIGHTENING MECHANISM

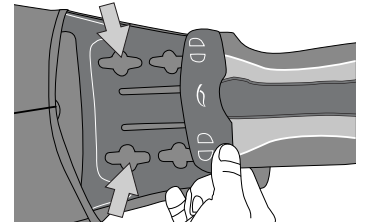
SIZING IS CRITICAL TO PROPER PERFORMANCE  
Use the measurements below to customize to patient's anatomy.

- A. Use waist circumference (average of **1** and **2** \_\_\_\_\_) to determine where to fit rivets of belt through proper sizing adjustment holes in sides of back panel.



A. \_\_\_\_\_

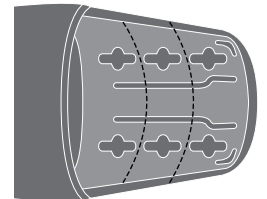
- B. Once proper size is achieved, pull taught to lock rivets in place.



- C. Adjust length of tightening mechanism. For individual patient, it may be necessary to adjust length of closure string. Trim and adjust length of strings.

YES. AMOUNT CUT \_\_\_\_\_  NO

- D. If sizing yields extra plastic and if appropriate to individual's anatomy, trim extra plastic for superior customization to patient's individual anatomy.



TIME SPENT: \_\_\_\_\_

### STEP 6 - EDUCATION

EDUCATE PATIENTS

Proper education is needed for individual to maintain proper fit throughout total time of wear.

Items to educate patients on:

Independent compression mechanics

Proper angulation to ensure circumferential contact

Proper cleaning

TIME SPENT: \_\_\_\_\_

Don and doffing

Proper placement of brace

Follow up appointments

### CLINICAL JUSTIFICATION FOR CUSTOMIZING BRACE

TOTAL TIME TO CUSTOMIZE BRACE: \_\_\_\_\_