POOR POSTURE
Causing Pain?

Kyphosis • Osteoporosis • Fusions
Compression Fractures • Burst Fractures
MISALIGNMENT AND MUSCLE FATIGUE
Poor posture, kyphosis and other spinal conditions can put force on the vertebrae which may cause a lack of balance, diminished lung capacity and muscle fatigue. Unbalanced weight causes an unnatural posture that overworks muscles, stretches ligaments and misaligns vertebra, leading to damage and pain.

The Benefits of Bracing

MAXIMUM SUPPORT PROMOTES BETTER POSTURE
Aspen TLSO braces are designed to offload destructive forces in the spine which can help reduce muscle fatigue and increase vital capacity. Adjustable shoulder straps help restore a more functional position. Improving posture can relieve pressure on the back muscles, improve balance, reduce nerve impingement and restore lung capacity, enabling a return to a more active daily life.
“IT’S GREAT, LIGHTWEIGHT, EASIER TO PUT ON AND JUST OVERALL MORE COMFORTABLE, ALL WHILE KEEPING MY BACK STABLE AND SUPPORTED.”

Ryan, Patient
Clinical research has shown that back braces have long been used to provide relief from low back pain. Results support that wearing a lumbar belt assists in subacute low back pain to improve significantly the functional status, the pain level and medication consumption. Studies also indicate that using a TLSO brace for 2 hours a day can increase body height, back extensor strength, abdominal flexor strength and relaxed vital capacity. Bio-mechanical research further demonstrates that inelastic braces provide increased trunk stiffness and limited trunk motion which could alleviate the symptoms associated with muscle fatigue, causing spasms and pain. Aspen braces are inelastic by design and are backed by years of innovative research and development, bringing patient care to a whole new level.

Clinical Tested Products

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Aspen’s patented SlickTrack™ compression mechanism offers targeted support and easy tightening regardless of strength. Featuring an independent upper and lower compression system, pulling the right pull tab compresses the upper portion of the brace while pulling the left pull tab compresses the lower portion. This allows for localized compression where needed to support tight muscles which can cause pain.

Frequently Asked Questions

Can Aspen Braces be worn under clothing?

Yes, Aspen braces can be worn underneath clothing, but a cotton undershirt is recommended for enhanced comfort.

Will my health insurance pay for an Aspen brace?

Medicare and most private health insurance companies do offer coverage for this treatment option. Consult Medicare or your insurance carrier to verify coverage.

ASSEN MEDICAL PRODUCTS

Over the years, Aspen has brought numerous spinal care innovations to market. Backed by years of innovative research and development, Aspen products have helped countless patients get back to the activities they care about. Quality products with features that make a positive difference is the reason why Aspen Medical Products is the industry leader in spinal orthotics.
Testimonials were received in various forms through a variety of submission methods. The testimonials reflect the real-life experiences of individuals who used our products. However, individual results may vary. Testimonials are not necessarily representative of what anyone else using our products may experience. The people giving testimonials may have received a free product or a discount for use of their experiences. The testimonials displayed are given verbatim except for grammatical or typing error corrections. Some testimonials may have been edited for clarity or shortened in cases where the original testimonial included additional information of no relevance to the general public.