Aspen® Cervical Collar Guidelines

Measure
Select the proper collar by using the Aspen Collar Sizing Guide.

Squeeze
After centering the back panel, gently squeeze the front panel for easy application.

Scoop
Scoop the front panel up under the chin.

Tighten
Evenly tighten both sides of the collar using the trach hole as an anchor point.

Check the Fit

1. Chin Flush?
The chin piece plastic should be flush with the end of the chin.

2. Slack Out?
Remove all slack. Evenly tighten and re-tighten the straps for a tight fit and front/back panel overlap.

3. FlexTabs™ Bent?
If the collar has been properly sized and tightened, the FlexTabs will be “loaded” to spread the support. Note: the inner trach bar should never touch the airway.

Occipital Support Strap™

The Occipital Support Strap enables you to further customize the collar by creating compound curves that better follow the contours of the occiput of the ambulatory patient.

This improves the support and comfort by creating an adjustable, three-dimensional "shelf" that cradles the back of the head.

Back Panel Options

Small
Circumference: 12-20 in
Indications: small necks

Standard
Circumference: 14-21 in
Indications: most patients

Large
Circumference: 16-25 in
Indications: large necks, fluid retention

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